



Aanjibimaadizing is now able to administer SNAP for **Mille Lacs Band Members and First-Generation descendant households** who meet eligibility guidelines in Aitkin, Benton, Chisago, Crow Wing, Kanabec, Mille Lacs, Morrison, and Pine counties!

In Anoka, Hennepin and Ramsey counties, the Aanjibimaadizing office can assist with a courtesy application, but final eligibility will be determined by the county of residence.

Supplemental Nutrition Assistance Program (SNAP)

SNAP is a federal program that helps Minnesotans with low incomes get the food that's needed for sound nutrition and well-balanced meals. SNAP helps low-income people buy the food they need for good health. You may be able to get SNAP benefits if you are: Working for low wages or working part-time; Unemployed; Receiving welfare or other public assistance payments; Elderly or disabled and are low-income; or Homeless.

The program provides support to help stretch your household food budget. It is not intended to meet all of your household's food needs. It is a supplement. If you are approved for SNAP, you can use your benefits at many stores, farmers markets and senior dining sites.

How to Apply

To apply for SNAP, come into an agency and complete a Combined Application Form, have a Combined Application Form mailed to you, complete an online Combined Application Form (eDocs), or complete an application online through <https://mnbenefits.mn.gov/>

How to Submit an Application

You can come in or drop-off at an agency, mail or fax back to an agency, or submit an application through MNbenefits. It is important to submit your application as soon as possible. An interview is needed for SNAP. SNAP applicants can complete an interview in person or over the phone. Other programs may require a face-to-face interview.

Eligibility

SNAP eligibility depends on your household's income. Most types of income are counted. There are many deductions from income that are allowed under SNAP. The amount of benefits you get is based on your income, expenses and the number of people in your household.

Expedited SNAP

You may receive food benefits quickly if your household meets one of the following criteria:

- Those with less than \$150 in monthly gross income and \$100 or less in liquid assets
- Destitute migrant or seasonal farm worker units who have \$100 or less in liquid assets
- Households where the combined monthly gross income and liquid assets are less than actual monthly housing and utility costs (or the standard utility allowance if the household is entitled to it)

If enrolled in the Supplemental Nutrition Assistance Program, you also qualify for a telephone discount through the Lifeline and/or the Telephone Assistance Plan. Contact your local telephone company to apply.

For More Information

Learn more by visiting the Services page of the Aanjibimaadizing website at aanji.org/snap,

Or by going to the [Supplemental Nutrition Assistance Program \(SNAP\)](#) on the Minnesota Department of Human Services web site, reading the [SNAP FAQs](#) or [How to Use your Minnesota EBT Card \(PDF\)](#). You can also call the Minnesota Food Helpline at 1-888-711-1151.

To apply for benefits or for more information about SNAP, contact Aanjibimaadizing:

DI	DII	DIII	URBAN
43500 Migizi Drive Onamia, MN 56359 320-532-7407	201 W Hwy 210 Su. 100 McGregor, MN 55760 218-768-5330	45749 Grace Lake Road Sandstone, MN 55072 320-384-6240	1404 E Franklin Avenue Minneapolis, MN 55404 612-746-4800

If you have difficulty understanding English or have a disability, free language assistance or other aids and services are available upon request.

SNAP NONDISCRIMINATION STATEMENTS

Supplemental Nutrition Assistance Program (SNAP) and Food Distribution Program on Indian Reservations (FDPIR) state or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (833) 620-1071, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

Mail:	Fax:	Email:
Food and Nutrition Service, USDA 1320 Braddock Place, Room 334 Alexandria, VA 22314; or	(833) 256-1665 or (202) 690-7442; or	FNSCIVILRIGHTSCOMPLAINTS@usda.gov

This institution is an equal opportunity provider.

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