

## UPCOMING COURSES & TRAININGS GASHKADINO-GIIZIS & MANIDOO-GIIZISOONS NOVEMBER & DECEMBER 2022

**DI OFFICE** 43500 Migizi Drive Onamia, MN 56359 320-532-7407 DII OFFICE 201 W Hwy 210 Su. 100 McGregor, MN 55760 218-768-5330 DIII OFFICE 45749 Grace Lake Road Sandstone, MN 55072 320-384-6240 URBAN OFFICE 1404 E Franklin Avenue Minneapolis, MN 55404 612-746-4800

TO STAY UP TO DATE ON EVENTS, BE SURE TO FOLLOW US ON FACEBOOK!



TO APPLY FOR SERVICES OFFERED BY AANJIBIMAADIZING, GO TO AANJI.ORG OR SCAN THIS QR CODE WITH YOUR PHONE'S CAMERA.

### ABOUT OUR TRAININGS

Aanjibimaadizing works to produce and offer quality trainings that improve our client's lives. With that:

- Some of the courses are marked "Aanjibimaadizing Clients only" or "Ge-niigaanizijig only". We encourage you to call or stop by your local Aanjibimaadizing office to apply. If requesting services, please register at least two weeks in advance.
- We open trainings to others in the community when able; these are marked "Aanjibimaadizing participants have first priority." If others are interested in attending, they can be placed on a waiting list and will be notified (typically 7-10 days prior to the event) if there are openings.
- We also work to promote trainings that meet our high standards and are held by outside sources that are open to the public. We often assist our clients with the registration cost and transportation needs. If you are interested in one of these courses, but are not eligible to become a client, you are welcome to contact the facilitator or sponsoring organization to register.
- If a course has passed that you are interested in, please call 320-532-4706 and let us know that you would like to attend the next time it is offered.
- Training orientation is required for clients beginning WEX or those taking in-person Aanjibimaadizing trainings.
- If a current Aanjibimaadizing client, with the course added to your training plan by your case manager, you may be eligible for assistance to cover supplies, transportation, or lodging.

### **GUIDELINES**

Failure to follow these basic rules may result in loss of incentives (no money) and future training session opportunities:

- Be on time for the start of the training each day.
- Be on time and in the right location for transportation to and from the event site, if needed.
- Return from breaks on time, or ahead of time. Don't be late.
- Treat trainers, staff, and other participants with respect by listening, keeping side conversations to a minimum. Please and thank you go a long way. Use manners.
- Actively participate in the training by answering questions, participating in the conversation as appropriate and showing respect for others.
- Remember you are representing the Mille Lacs Band of Ojibwe and Aanjibimaadizing program.
- No drinking of alcoholic beverages.
- Smoking and Vaping only in designated areas.
- No illegal drug use.
- No foul language; be respectful.
- Damages to hotel and training facilities will not be tolerated.
- Have fun!

### COMPLETION INCENTIVES

To be eligible for completion incentives, you:

- Must be a current Aanjibimaadizing client with the course added to your training plan by your case manager.
- Must attend all classes and complete this course in its entirety.
- Must complete the course satisfactorily and follow Guidelines for Attending Aanjibimaadizing Trainings.
- Turn in a copy of your certificate to your case manager.
- If you leave or are removed from a training due to behavior or failure to follow client responsibilities, you will forfeit your incentive.
- If you obtain employment using your certificate within one year of the course completion, you are eligible to receive a \$500 Bonus Incentive. (Must turn in employment verification to prove employment.)

Incentives could take up to 3 weeks to process.

### GASHKADINO-GIIZIS

### November Training Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Job Search Over 50 Managing Personal Change Question, Persuade, Refer (QPR)	2 Emotional Intelligence Question, Persuade, Refer (QPR) Starting the Conversation D3 Building Native Communities	3 Fatherhood and Motherhood is Sacred	4 D2 Building Native Communities	5
6	<b>7</b> Da-nandaanokiing D1 Building Native Communities	8 Career Planning and Preparing for the Job Hunt Endazhi- maawanji'idiing ABE Online	9 Microsoft Word Rural Leadership In Our Own Voice D3 Building Native Communities	10 Fatherhood and Motherhood is Sacred Shopping and cooking for one or two Question, Persuade, Refer (QPR)	11 Closed - Warrior's Day	12
13	14 Da-nandaanokiing Microsoft Word OSHA 30 begins Financial Fraud D1 Building Native Communities	15 Identifying Your Skills, Job Applications and Work Portfolios Endazhi- maawanji'idiing ABE Online	16 Microsoft Word D3 Building Native Communities	17 Closed 11a-1p Aanji Staff Meeting Fatherhood and Motherhood is Sacred In Our Own Voice Question, Persuade, Refer (QPR)	18 First Aid & CPR/AED Training Orientation D2 Building Native Communities	<b>19</b> EMR Initial Course
<b>20</b> EMR Initial Course	<b>21</b> Da-nandaanokiing D1 Building Native Communities	22 Open the Door to Opportunities Job Hunting In Our Own Voice Endazhi- maawanji'idiing ABE Online	23	24 Closed – Miigwech Day	25 'S	26
27	28 Da-nandaanokiing In Our Own Voice D1 Building Native Communities	29 Introduction to Google Apps From Interview to Job Offer The Job Interview Endazhi- maawanji'idiing ABE Online	<b>30</b> Introduction to Microsoft Office D3 Building Native Communities			

Our Mission: To assist our fellow Anishinaabe with education, training, work experiences, cultural participation, and support services to be prosperous and change their life.

### MANIDOO-GIIZISOONS

### December Training Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Fatherhood and Motherhood is Sacred Opioid overdoses: Risk factors, signs and saving lives	2 Training Orientation D2 Building Native Communities	3
4	<b>5</b> Da-nandaanokiing	<b>6</b> Endazhi-	<b>7</b> D3 Building Native	8 Fatherhood and	<b>9</b> First Aid & CPR/AED	10
	Supervising for Safety for Family Child Care Microsoft Word D1 Building Native Communities	maawanji'idiing ABE Online Health and Safety Pre-service for Child Care Centers Nutrition and physical activity for recovery D3 Building Native Communities	Communities	Motherhood is Sacred Harm reduction 101	Training Orientation D2 Building Native Communities	
11	12	13	14	15	16	17
	Da-nandaanokiing Supervising for Safety for Family Child Care D1 Building Native Communities	Endazhi- maawanji'idiing ABE Online Health and Safety Pre-service for Child Care Centers D3 Building Native Communities	D3 Building Native Communities	Closed 11a-1p Aanji Staff Meeting Fatherhood and Motherhood is Sacred	Training Orientation D2 Building Native Communities	
18	19	20	21	22	23	24
	Da-nandaanokiing Supervising for Safety for Family Child Care D1 Building Native Communities	ABE Online Health and Safety Pre-service for Child Care Centers D3 Building Native Communities	Introduction to Microsoft Office D3 Building Native Communities	Fatherhood and Motherhood is Sacred	Closed – Mid Winter Break	
25	26	27	28	29	30	31
	Closed – Mid Winter Break	ABE Online D3 Building Native Communities	D3 Building Native Communities	Fatherhood and Motherhood is Sacred	Closed – New Year's	

Our Mission: To assist our fellow Anishinaabe with education, training, work experiences, cultural participation, and support services to be prosperous and change their life.



Events to honor Native American Heritage Month...

#### NOVEMBER 1

#### Building a Pueblo Adobe Oven to Restore our Indigenous Food System (Center for Indigenous Health)

Adobe ovens have been used by the Pueblo people to bake traditional foods for generations. As part of this workshop we will be building an Adobe Oven including constructing the foundation and preparing adobe with clay, soil, and straw. This mutual aid event at +Rainbow Farms located on unceded Tiwa lands (Los Ranchos de Albuquerque, NM) will reclaim ancestral pueblo lands by providing a community gathering space for traditional food preparation. This event is intended to bring together Indigenous people and allies to celebrate the growing space that will focus on traditional farming and addressing food insecurity experienced by urban Native families. <u>https://jh.zoom.us/webinar/register/WN\_cWOzqr6GTs-8vsPRDuc60Q</u>

#### Reclaiming the Stage (National Museum of the American Indian, Smithsonian Institution)

Join in a conversation with young Indigenous actors and playwrights who are reimagining Native representation on the stage. DeLanna Studi (Cherokee) will moderate the discussion between panelists Tara Moses (Seminole Nation of Oklahoma), Emily Preis (Citizen of the Osage Nation) and Isabella Madrigal (Cahuilla and Turtle Mountain Chippewa). Registration required. https://americanindian.si.edu/nk360/student-programs/distance-learning#indigenous-peoples-day

#### The Last Campaign: Sherman, Geronimo and the War for America (National Archives YouTube Channel)

Historian H. W. Brands follows the lives of General William Tecumseh Sherman and Apache leader Geronimo to tell the story of the Indian Wars and the final fight for control of the American continent. <u>https://www.youtube.com/watch?v=XCU1F8r1au8</u>

#### NOVEMBER 9

#### Minnesota Timberwolves Native American Heritage Night

Watch the Minnesota Timberwolves take on the Phoenix Suns and celebrate Native American Heritage night at the Target Center. <a href="https://www.nba.com/timberwolves/single/">https://www.nba.com/timberwolves/single/</a>

NOVEMBER 10

Film Viewing and Discussion: "Remember the Children: Honoring the missing children of the Rapid City Indian Boarding School" <a href="https://jh.zoom.us/webinar/register/WN\_WDkAbLPhQDu3rXKxRkHVlw">https://jh.zoom.us/webinar/register/WN\_WDkAbLPhQDu3rXKxRkHVlw</a>

#### NOVEMBER 11

Native Veterans Procession and Dedication (National Museum of the American Indian, Smithsonian Institution) Join the Smithsonian in honoring the exceptional military service of Native Americans in a formal dedication of the National Native American Veterans Memorial in Washington, DC. The dedication and processional will honor American Indian, Alaska Native, and Native Hawaiian veterans and their families. The procession and ceremony will also be livestreamed. https://americanindian.si.edu/visit/washington/nnavm-dedication

#### NOVEMBER 16

**No Equity Without Sovereignty: Indigenous Resistance Through Data** (Center for Indigenous Health) <u>https://jh.zoom.us/webinar/register/WN\_Ff7aH3cSTSWf3MPvIM6Ytw</u>

NOVEMBER 22 Beading Workshop (NAHM 2022) https://jh.zoom.us/webinar/register/WN\_I4h2C2XPRbqjkB1BbY3JQQ

#### NOVEMBER 25

#### Native Voices with Storyteller Dovie Thomason (Library of Congress)

Storyteller Dovie Thomason shares traditional stories about animals and hero/tricksters that provide a clearer understanding of the values and cultures of the diverse First Nations of North America. Thomason draws on her own Lakota/Kiowa Apache tradition and experience working with culture-bearers of other Native nations. <u>https://www.loc.gov/item/event-406637/native-voices-with-storyteller-dovie-thomason-morning-session/2022-11-25/</u>

#### VIDEO SERIES

#### U.S.-Dakota War of 1862 (MNHS)

The U.S.-Dakota War of 1862 was a disastrous time in Minnesota history and had a profound impact in shaping Minnesota as we know it today. <u>https://www.youtube.com/playlist?list=PLRrmlN6cO7LtD52Rg308ne02ZCpz\_yilD</u>

PRINTABLE COLORING AND ACTIVITY PAGES

https://www.dodea.edu/dodeacelebrates/american-indian-heritage-month.cfm

http://www.woodlandindianedu.com/coloringpages.html

OTHER EDUCATIONAL RESOURCES

https://nativeamericanheritagemonth.gov/for-teachers/

### ORIENTATION



### ACADEMICS

Aanjibimaadizing provides adults with educational opportunities, guidance, and support to acquire and improve the skills that are necessary for employment and being productive family and community members.

Course:	GED Academy – Online GED STUDY Course
Facilitator(s):	Aanjibimaadizing Instructors
Description:	GED Academy is an online study course that learns what your strengths and weaknesses are and develops a study plan that suits everyone. This resource is a great tool to help learners develop their skills. Courses covered include reading and writing to communicate, mathematics, problem solving, critical thinking, and information processing.
Date/Time: Location:	This course is available from our Aanjibimaadizing classroom instructors from 8:00am to 5:00pm daily. All districts and online.
Cost:	There is no cost for this training. Must be a current Aanjibimaadizing client.
Registration: Completion Incentive:	Contact your case manager to register. Must complete CASAS assessments beforehand. Varies with individual needs. Must be current Aanjibimaadizing client who has completed the course and has the course added to their training plan. See page 2 for more details.

# Adult Basic Skills Adult Diploma Basic Credit Recovery GED & more! Education



Meeting ID: 878 7590 7341

Passcode: abe

Course: Facilitator(s): Description:	Adult Basic Education (ABE) Aanjibimaadizing Instructors/ABE Volunteers Adult Basic Education students work on improving basic skills that help prepare them for future education, training, or employment opportunities. Through this program we can offer assistance in the following areas: Adult Diploma, Basic Skills Enhancement, Family Literacy, GED, Credit Recovery and Workplace Literacy.
Date/Time:	ABE help is available in all districts in our Aanjibimaadizing classrooms from 8:00am to 5:00pm daily and online 4:00pm to 5:00pm on Tuesdays throughout the year.
Location:	All districts and online.
Cost:	There is no cost for this training. Must be a current Aanjibimaadizing client.
Registration:	Contact your case manager to register.
Completion Incentive:	Varies with individual needs. Must be current Aanjibimaadizing client who has completed the course and has the course added to their training plan. See page 2 for more details.

### **CAREER READINESS**

Building skills and competencies is essential to achieve self-sustenance. We recognize that training for individuals must align with the needs of business and industry. Our trainings are designed to help people develop the skills they need to enter the workforce. There are several ways we support these needs:

Course: Facilitator(s): Description:	<i>Driver's License Exam Practice and Reinstatement Assistance</i> Aanjibimaadizing Instructors Getting a new permit/license or working on reinstating your driver's license? We can help you navigate the process, learn what to expect, and help you with the things you need so you can get behind the wheel faster.
Date/Time:	This course is available from all of our Aanjibimaadizing classroom instructors from 8:00am to 5:00pm daily.
Location:	All districts and online.
Cost:	There is no cost for this training. Must be a current Aanjibimaadizing client.
Registration:	Contact your case manager to register.
Completion	Varies with individual needs. Must be current Aanjibimaadizing client who has completed the course and has the
Incentive:	course added to their training plan. See page 2 for more details.



Da-nandaanokiing

Meeting ID: 320 362 4139

Passcode: aanji

Course:	Da-nandaanokiing (Job Readiness)
Facilitator(s):	Deb Campbell
Description:	This fun course is intended to develop basic skills needed for working life. It includes training in professionalism, communication, goal setting, job searching, networking, resume and portfolio development, along with interview skills and more!
Date/Time:	2:00pm to 4:00pm Mondays throughout the year.
Location:	Online.
Cost:	There is no cost for this training. Must be a current Aanjibimaadizing client.
Pre-requisite:	Participants must meet with an instructor and complete orientation prior to attending class.
Registration:	Contact your case manager to register.
Completion Incentive:	\$25 each session. Must be current Aanjibimaadizing client who has completed the course and has the course added to their training plan. See page 2 for more details.

#### UPCOMING CAREERFORCE WORKSHOPS

If you are looking for work, you will want to participate in one of these webinar workshops to help you learn how to be successful in your job search in today's economy, get advice, and develop new strategies. Here are upcoming topics: Internet and social media (LinkedIn) (Registration Date Coming Soon) (Please register now so you receive the link to join on time.) Do you know how to effectively use the Internet and social media to assist in your job search? What does networking look like online? These workshops will provide answers to those questions and provide helpful tips on how to leverage a LinkedIn account to enhance your career.

#### Creative Job Search: Job Search Over 50;

10:00 a.m. - 11:00 a.m.; Tuesday, November 1, 2022

#### Creative Job Search: Career Planning and Preparing for the Job Hunt;

10:00 a.m. - 11:00 a.m.; Tuesday, November 8, 2022

*Creative Job Search: Identifying Your Skills, Job Applications and Work Portfolios;* 10:00 a.m. - 11:00 a.m.; Tuesday, November 15, 2022

Creative Job Search: Tools of the Job Hunting Trade (Resumes); 10:00 a.m. - 11:00 a.m.; Tuesday, November 22, 2022 Creative Job Search: The Job Interview; 10:00 a.m. - 11:00 a.m.; Tuesday, November 29, 2022 From Interview to Job Offer: Learn the secrets of successful interviewing.

This Workshop will provide information on how to make a great impression from the moment you get the phone call to negotiating a job offer. Mock interviewing and videotaping is available during the session. 9:30 a.m. - 11:00 a.m.; Tuesday, November 29, 2022

Resumes that Open the Door to Opportunities: Learn how to create a Targeted Resume that get results. Targeted resumes are the best way to open the door to the next opportunity. 9:30 a.m. - 11:00 a.m.; Tuesday, November 22, 2022

New Leaf Online: This workshop provides tailored information for job seekers who have a criminal record and are looking for work. It will help justice involved individuals who are having a difficult time obtaining employment due to their criminal record. 10:00 a.m. - 11:30 a.m.; Wednesday, November 23, 2022

Managing Personal Change: Career change? Job Loss? Whether expected or unexpected, changes of all types interrupt our lives. They leave us not knowing what to expect or how to proceed, yet we must find a way to keep moving forward. Learn how to manage, persevere, and be resilient in challenging times. 9:30 a.m. - 11:00 a.m.; Tuesday, November 1, 2022

Emotional Intelligence: Emotional Intelligence (EQ) is an incredibly important set of abilities that determines how we perceive ourselves, interact with others, find success in our careers, and attain happiness. In this workshop, learn how to increase your EQ for success in your job search and career.

9:30 a.m. - 11:00 a.m.; Wednesday, November 2, 2022

CareerForce Recorded Online Workshops and Classes can help you explore your options, showcase your skills with a solid resume and prepare for the interviewing process through live online workshops, live Job Club Online, recorded workshops and other offerings. https://www.careerforcemn.com/recorded-online-workshops-and-classes

### BUSINESS DEVELOPMENT

Course: Facilitator(s): Description:	<i>Endazhi-maawanji'idiing</i> (Business/Entrepreneurship Group) Karen Pagnac A lot of us dream about starting a business. This group was started to help you fulfill your business ownership goals and achieve greater success. This group is for those that would like to learn more about entrepreneurship; those that have an idea, but aren't sure how to get started; and those that have established a business and are looking for ideas to improve it.	
Date/Time:	Held every Tuesday 10:00am – 11:00am online and in person by appointment	Meeting ID:
Cost: Registration:	There is no cost for this training. Must be a current Aanjibimaadizing client. Contact your case manager to register.	859 6520 1006
Completion Incentive:	\$25 each session. Welcome and encouraged to attend multiple sessions. Must be current Aanjibimaadizing client who has completed the course and has the course added to their training plan. See page 2 for more details.	Passcode: aanji



### EMPLOYMENT AND ECONOMIC DEVELOPMENT

#### Minnesota Loan Guarantee program

DEED recently launched the first program in the Minnesota Loan Guarantee Program. The program will provide guarantees to enrolled lenders for up to 80% of principal on loans to eligible businesses. This will help mitigate risk so lenders can increase capital available to small businesses across Minnesota.

Once lenders are enrolled, they will be able to make loans to Minnesota-headquartered small businesses using the loan proceeds for an eligible business purpose in Minnesota. Eligible business purposes include start-up costs, working capital, equipment, inventory, the purchase, construction, renovation, or tenant improvements of an eligible place of business that is not for passive real estate investment purposes, and the purchase any tangible or intangible assets except goodwill.

Lenders interested in participating in the Minnesota Loan Guarantee Program are invited to participate in a webinar with DEED officials on October 26 at 1:00 p.m. <u>By early 2023, small businesses will be able to apply to the approved lenders.</u>

https://mn.gov/deed/business/financing-business/deed-programs/ssbci/loan-guarantee/

#### Bringing it all together: a new online Small Business Hub

To help small businesses and startups navigate these new programs and understand the breadth of DEED's existing resources for small businesses, the agency is also launching a new online Small Business Hub today.

The Hub is designed to help entrepreneurs navigate agency resources to start and grow their businesses. It provides resources and expertise for small business owners looking to launch in Minnesota, along with a comprehensive list of DEED program offerings to help entrepreneurs thrive.

It can be found at https://joinusmn.com/doing-business-here/grow-your-business/index.jsp



The #nativeSBA Empowerment Workshops are now virtual! Access online E-learning for Native entrepreneurs and business people to start or expand your small business. Join live webinars and meet with our awesome #nativeSBA trainers in real time, or view webinar recordings on your own schedule. Join the Sister Sky Inc. E-Learning center to receive 8 modules of small business training materials. Upon completion of the course, you can earn CEUs.

https://nativesba.sisterskyinc.com/

### JOB SKILLS

A key piece of finding a job is making sure you have the necessary skills and knowledge. We offer different training courses in a variety of areas to help you become the best possible candidate for your next career. In addition to making the programs more accessible to our community members, we work with our partners to make sure the design of their programs work with our community members lives.



Course:	First Aid/CPR/AED/Narcan
Facilitator(s):	Monte Fronk
Description:	Great skills to have! This course trains participants to provide first aid, CPR, and use an Automated External Defibrillator in a safe, timely, and effective manner. This class is designed for anyone with little or no medical training who needs a course completion card for their job, regulatory (e.g., OSHA), or other requirements, or anyone who wants to be prepared for an emergency in any setting. Upon completion of all course requirements, participants receive a card which is valid for 2 years.
Date/Time:	Pick one session, certification is valid for 2 years: D1 Friday, November 18 – D1 Community Center Urban Friday, December 9 – First Nations Church, Minneapolis
	9:00am to 5:00pm
Cost:	The cost is \$20 per full day course or \$10 per morning or afternoon session. No cost for Aanjibimaadizing clients. There is a maximum of 10 people per session. Aanjibimaadizing participants will have priority. Lunch provided by Aanjibimaadizing.
<b>Registration</b> :	Contact Becky at 320-362-4716 (call or text) or becky.clitso-garcia@millelacsband.com (email) to register.
Completion Incentive:	\$50. Must be current Aanjibimaadizing client who has completed the course and has the course added to their training plan. See page 2 for more details.



#### 40 Hour EMR Initial Course

Self-paced Online Learning - Skills Weekend: November 19 & 20 at Breezy Point Resort, Breezy Point, MN 56472 This is a 40 hour EMR initial certification course. Students will complete 20 hours of self-paced online material prior to attending a 20 hour skills weekend to complete their EMR training. This course is for law enforcement, fire service personnel, or anyone interested in starting their journey in Emergency Medical Services. Register and receive online access to start your studies while you wait for your book to arrive!

Students have the option to register for \$275 and receive a loaned textbook to return at the completion of the course, or \$400 and receive a textbook to keep.

To register, click the link below to register on our website.

What is included: AHA BLS Certification, Coffee/Snacks (there will be a break for lunch), Book (choice of loaned or kept) 8am to 5pm; Saturday, November 19, 2022 and Sunday, November 20, 2022 (must attend both days)

\*Online material must be complete prior to attending the skills weekend

Registration deadline: 11/5/2022 https://www.nptrainingmn.com/course-store/p/hybrid-emr-initial

\*\*This course meets or exceeds the requirements of the MN EMSRB for Emergency Medical Responder Initial Certification. Northpoint Emergency Training is an approved education program by the MN EMSRB.



#### Get the education and training required to start a career in EMS.

Gain the knowledge and practical experience to make competent decisions regarding medical and trauma customers in emergent situations. This course follows the standards set forth by the Minnesota EMS Regulatory Board and the National Education Standards. Successful completion of this course and the National Registry exam will certify you as an Emergency Medical Technician (EMT).

Upon successful completion of the class, you are required to work for North Memorial Ambulance (in the region of your choice) for at least one year. At a minimum, you must work in a part-time capacity. In some cases, full-time positions will be available.

Mondays & Wednesdays, 6-10 p.m., starting Wed., Jan. 25, 2023

In-person skills sessions: 1/25, 2/13, 2/22, 3/6, 3/13, 3/22, 4/3, 4/12, 4/26, and 5/10 in Robbinsdale, MN or a local North Memorial Health Ambulance base.

Lectures are done virtually via Microsoft Teams.

Anyone accepted must meet class attendance requirements. Applicants must: • be 18 years old • have a high school diploma or GED

• be authorized to work in the U.S. • be a resident of Minnesota or Wisconsin



#### Early Childhood Education Certificate

Minneapolis College has received a grant from the Minnesota Department of Education to help those in childcare programs center based or Family Child Care transition CDA certification into college credits which would eliminate the need to renew that credential. Our program can be done, in person, via zoom, or completely online.

The college is offering an Early Childhood Education Certificate of 18 credits with the CDA counting for 6 of those credits. There is funding available to help pay to transition those CDA credits and earn the additional 12 credits for the Early Childhood Education Certificate through the T.E.A.C.H. Scholarship. Or, if you are interested in the certificate and do not have the CDA, we can also help transition into our program.

Apply for Admission by December 10, 2022 - Complete the online Minneapolis College application. The application fee has been waived. <u>www.minneapolis.edu/apply</u>

Form more information, contact Hope Doerner at Hope.Doerner@minneapolis.edu or 763-588-1544

#### Health and Safety Pre-service for Child Care Centers

This series based course intended for new providers covers the health and safety requirements from the Child Care Development Fund (CCDF). CCDF topics include the following: Prevention and control of infectious disease, immunization, administration of medication, prevention of and response to emergencies due to allergies and allergic reactions, building and physical premise safety, handling and storage of hazardous materials/disposal bio-contaminants, emergency preparedness and response planning, prevention of abusive head trauma, SIDS/SUID risk reduction, Child Abuse and Neglect- recognition of and reporting mandates, and precautions when transporting children.

Tuesdays 8:00-8:45pm; December 6, 13, 20, 2022; course ends December 22, 2022

https://app.developtoolmn.org/register.aspx?evid=387193&ReturnUrl=https%3A%2F%2Fapp.developtoolmn.org%2Fv7%2Ftrainings%2F387193%2Fdetail

#### Supervising for Safety for Family Child Care

This series based course intended for new Family Child Care providers meets Licensing pre-service requirements as well as the health and safety requirements from the Child Care Development Fund. Participants will explore MN Rule 2 licensing standards and best practices around supervision challenges experienced by family child care programs. We'll look at strategies a child care provider can implement within their setting.

Tuesdays 8:00-8:45pm December 6, 13, 20, 2022; course ends December 22, 2022

https://app.developtoolmn.org/register.aspx?evid=387540&ReturnUrl=https%3A%2F%2Fapp.developtoolmn.org%2Fv7%2Ftrainings%2F387540%2Fdetail

Mondays 8:00-8:45pm CST December 5, 12, 19, 2022; course ends December 21, 2022

https://app.developtoolmn.org/register.aspx?evid=387541&ReturnUrl=https%3A%2F%2Fapp.developtoolmn.org%2Fv7%2Ftrainings%2F387541%2Fdetail

Wednesdays 7:00-7:45pm CST November 30, December 7, 14, 2022; course ends December 16, 2022

https://app.developtoolmn.org/register.aspx?evid=387539&ReturnUrl=https%3A%2F%2Fapp.developtoolmn.org%2Fv7%2Ftrainings %2F387539%2Fdetail



### Minnesota's Career Resource

Go to https://www.careerforcemn.com/training-programs to register and learn more!

#### Medical Call Center Training (Hybrid)

Learn customer service skills and medical terminology to start a new career as a medical call center representative. 9:30 a.m. - 1:30 p.m.; Tuesday, November 1, 2022 to Thursday, December 15, 2022

#### **Office Administration Training (Online)**

Launch your career in Office administration. Learn Microsoft Office programs (including Excel & PowerPoint) Keyboard, 10-key typing, business communication and professionalism. 9:30 a.m. - 2:30 p.m.; Tuesday, November 1, 2022 to Thursday, December 15, 2022

#### Microsoft Word (Online)

Basic; 1:00 p.m. - 4:00 p.m.; Wednesday, November 9 or Monday December 5, 2022 Intermediate; 1:00 p.m. - 4:00 p.m.; Monday November 14, 2022 Advanced; 1:00 p.m. - 4:00 p.m.; Wednesday November 16, 2022

#### OSHA 30 (In Person)

This one-week, in-person program will teach you the skills and knowledge needed to gain their OSHA-30 safety credential. The course covers safety responsibility, with emphasis on hazard identification, control, prevention and avoidance, in addition to OSHA standards.

8:30 a.m. - 3:30 p.m.; Monday, November 14, 2022 to Friday, November 18, 2022

#### Introduction to Google Apps - Online

You can do a lot with a Google account these days. In this course you will learn how to create an account and be introduced to the many features that Google has to offer including Google Docs, Gmail, and Calendar. 9:00 a.m. - 12:00 p.m.; Tuesday November 29, 2022

#### Introduction to Microsoft Office (Online)

9:00 a.m. - 12:00 p.m.; Wednesday November 30, 2022 or December 21, 2022

#### Supply and demand of rural leadership

Learn more about how people are getting involved in community life today and how this may be different from (or sometimes the same as) previous generations of rural residents. How can a community develop and nurture the next generation of leaders? Find out more about these trends during this presentation. 11:30 a.m. - 12:30 p.m.; Wednesday, November 9, 2022 https://umn.zoom.us/meeting/register/tJUpdegsazgiE9PNglbkg4aSPYVIT9h1y9CP

#### Cottage food producer food safety training - Online, self-paced course

This advanced course focuses on food safety practices for all processes covered under the cottage food law including drying, baking, confections, jams and jellies, acid and acidified fruit and vegetables and fermentation. You will learn how to produce, package, label, store and transport a safe food product. And food safety experts will be available to answer your questions. https://extension.umn.edu/node/6866

### HOUSING



#### Renter 101 Online Course

This is a free online course that helps you better navigate the rental process. Finding and keeping a home is an important step in maintaining a stable home environment. You'll get an overview of the tools and strategies you need to secure housing. Through this course you will ensure you become a responsible renter by learning:

- How to manage money resources wisely to pay rent on time every month.
- How to choose adequate, safe and affordable housing.
- How to communicate effectively.
- How to maintain a home.
- How to navigate the rental process. This includes learning about screening, lease agreements, security deposits and moving out.

This course is free and does not need registration. It takes about an hour to complete and you can access and return to the course as often as needed. Upon completion, you will receive a certificate. https://umn.qualtrics.com/jfe/form/SV\_7QBcJiWu0jcSqUt

### FAMILIES AND PARENTING



#### Parenting in the Age of Overindulgence

Parents and caregivers overindulge children from a "good heart." Overindulgence doesn't help children (or families) in the long run. Minimizing overindulgence can improve family well-being and stability. This course is free and takes about one hour to complete. After you finish the course, you will receive a certificate of completion. Printable PDFs of all tools are also available at the end of the course.

https://extension.umn.edu/courses-and-events/parenting-age-overindulgence-online-course

Course: Facilitator(s):	Fatherhood and Motherhood is Sacred         Jen Gabrio			
Description:	This curriculum offers participants the opportunity to gain a deeper	Meeting ID: 891 2238		
	understanding of the importance of responsible parenting as reflected in Native	6945		
	American values and beliefs. There is an immediate need to get back to strengthening families and keeping families together.	Passcode: aanji		
	Session Outcomes:			
	Help fathers and mothers reunite with families			
	<ul> <li>Increase families' ability to face life's challenges</li> </ul>			
	Enhance parental involvement			
	Build personal character and integrity			
Date/Time:	2:00 to 4:00 Thursdays			
	Full course is 12 sessions. Can start at any time.			
Location:	Online			
Cost:	There is no cost for this training. Must be a current Aanjibimaadizing client. You will need workbook before class			
	starts. We will make arrangements to get it to you.			
Registration: Completion	Registration: Contact your case manager to register or Becky at 320-362-4716 (call or text) or becky.clitso-			
Incentive:	garcia@millelacsband.com (email) to register.			
	\$300 if all 12 sessions are completed. Must be current Aanjibimaadizing client who has completed the course and has the course added to their training plan to qualify for this incentive. To apply, go to <a href="https://aanji.org/">https://aanji.org/</a>			
	has the course added to their training plan to quality for this incentive. To apply, go			

### **FINANCIAL SKILLS**



#### Financial Fraud - Youth and Young Adult Edition: What to Know to Provide Services

Nov 14, 2022 12:00 PM

Equipping youth and young adults with the knowledge they need to be financially literate, especially in online spaces is important in preparing them to become adults. Ensuring that they have the tools and strategies to identify risks and dangers, around financial fraud, exploitation, and online scams is an important part of prevention work. Furthermore, helping adults and allies understand what these risks and dangers look like, can help them in conversations with youth and young adults to safety plan around financial fraud and exploitation.

https://victimsofcrime.zoom.us/webinar/register/WN\_jJk8VV7qR4aDpaJsnLxbSg

### **FINANCIAL SKILLS**

Courses

**Puilding Native Communities** 



Course:	Building Native Communities
Facilitator(s	): Jen Gabrio
Description:	A Native community is more than the sum of its parts. It embodies the mystique of community, the circle of inclusion. Within each member it generates powerful feelings of cultural solidarity. That precious spirit cannot survive without the underpinnings of economic development. But the development must be for everyone— not for just a few. That is the Native understanding
	This financial skills curriculum is for Native communities. Its purpose is to enable community members to realize their traditional values by learning financial skills that will help each person make informed financial decisions for themselves, their family, and their community.
Date/Time:	In person, full course is 6 sessions. Can start at any time.
	D1 – 2:00 to 4:00 pm Mondays
	D2 – 1:00 to 3:00 pm Fridays
	D3 – 11:00 to 1:00 pm Wednesdays
Cost:	There is no cost for this training. Must be a current Aanjibimaadizing client.
Registration	<ul> <li>Contact your case manager to register or Becky at 320-362-4716 (call or text) or becky.clitso- garcia@millelacsband.com (email) to register.</li> </ul>
Completion	\$150 after attending all 6 sessions. Must be current Aanjibimaadizing client who has completed the course and
Incentive:	has the course added to their training plan. See page 2 for more details.

The Native American Financial Services Association mission is to advocate for tribal sovereignty, promote responsible financial services, and provide better economic opportunity in Indian Country for the benefit of tribal communities.

Click here to learn more about financial concepts, managing your money, owning a home, financial caregiving, preparing for retirement, and investing in your future in these online courses. <u>https://nafsa.everfi-next.net/welcome/nafsa-achieve</u>



Our Mission: To assist our fellow Anishinaabe with education, training, work experiences, cultural participation, and support services to be prosperous and change their life.

### NUTRITION



#### Shopping and cooking for one or two

Shopping and cooking for one or two people can sometimes be a challenge and may feel like it costs more, both in money and energy. Participants in this webinar will learn the benefits of healthy shopping, cooking, and eating for one or two people. We will identify tips and techniques that will help make meal planning creative and fun and invite participants to share ideas about what works for them. 12 - 1 p.m; Tuesday, Thursday, November 10, 2022 https://umn.zoom.us/meeting/register/tJArduqhqzsoHtfnX-byVU8M5wsBafU8Ec2X

#### Diabetes awareness: Are you at risk?

Over 96 million American adults have prediabetes, putting them at greater risk for developing type 2 diabetes. Most people do not know they have prediabetes. Join us to learn about your risk for having prediabetes and steps to take towards prevention.

12 - 12:45 p.m; Friday, November 4, 2022

### HEALTH



NAMI Minnesota offers a wide variety of online classes. These classes are free for the public. To read more about them and register, go to: https://namimn.org/education-and-publicawareness/classes/https-namimn-org-education-and-public-awareness-classes-all-scheduledclasses/

#### In Our Own Voice

Understand the journey of people with mental illness in recovery. In Our Own Voice (IOOV) is a unique public education program in which trained speakers share compelling personal stories about living with a mental illness and achieving recovery, demonstrating that there is hope for recovery for people with mental illnesses.

Wednesday, November 9, 12:00-1:00 PM Thursday, November 17, 11:00-12:00 PM Tuesday, November 22, 1:00-2:00 PM Monday, November 28, 3:00-4:00 PM

#### Question, Persuade, Refer (QPR)

Learn the three steps anyone can take to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. Tuesday, November 1, 3:00-4:30 PM Wednesday, November 2, 3:00-4:30 PM Thursday, November 10 11:00-12:30 PM Thursday, November 17, 3:00-4:30 PM

#### Talking to Adolescents and Teens: Starting the Conversation

This class helps parents start the conversation about mental health with their adolescent children. We discuss mental health and mental illness, learn to recognize early warning signs and normalize conversations about mental health and wellness. We learn how to recognize suicide warning signs. Wednesday, November 2, 4:00-5:00 PM



Managing your health through the holidays 12 - 12:45 p.m; Tuesday, November 22, 2022 https://umn.zoom.us/meeting/register/tJUtdOiorD8uGdCPDityrHeCg9\_Dc9P8b77o

### RECOVERY



#### Harm reduction 101: Reducing negative consequences of drug use

Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. This presentation will provide an overview of what harm reduction is, provide specific examples of harm reduction strategies and how these strategies are being implemented in Minnesota.

10:30 - 11:30 a.m.; Thursday, December 8, 2022 https://umn.zoom.us/meeting/register/tJYqdOmtqzgpEtMmLG8dsxY7ulMNjp0woRgS

#### Opioid overdoses: Risk factors, signs and saving lives

his presentation is for individuals who wish to learn more about factors that increase an individuals' risk of opioid overdose, identify signs and symptoms of opioid overdose, and understand the pros and cons of different naloxone formulations. The presentation will review resources patients may use to access naloxone, describe legal considerations for prescribing and dispensing of naloxone in Minnesota, and discuss available naloxone and opioid resources for healthcare providers and patients. 10:30 - 11:30 a.m.; Thursday, December 1, 2022

https://umn.zoom.us/meeting/register/tJ0vdeitrT4uEtdO HA9WsqX4BiAdkR3Kda3

#### Nutrition and physical activity for recovery

What can help along the path to recovery from substance use? Well-rounded nutrition and attention to physical activity - specifically, moving one's body as it is able - can have significant impacts on physical, mental, and emotional well-being. Whether you are in recovery or supporting others on their journey, join us to: understand the unique ways body systems need support during recovery from SUD; learn how nutrition can impact overall well-being and its contribution to a more stable recovery; learn how movement impacts physical, mental, emotional well-being; and identify ways your organization or agency can support a culture of health and wellness.

11 a.m. - 12 p.m.; Tuesday, December 6, 2022

https://umn.zoom.us/meeting/register/tJYpdu6orjovGtRIT1BliPC-uXn9aBleGkIQ

### When you adopt a positive mindset, you are harnessing the power of choice.

Our Mission: To assist our fellow Anishinaabe with education, training, work experiences, cultural participation, and support services to be prosperous and change their life.

## Supplemental Nutrition Assistance Program (SNAP)



Aanjibimaadizing is now able to administer SNAP for Mille Lacs Band Members and First-Generation descendant households who meet eligibility guidelines in Aitkin, Benton, Chisago, Crow Wing, Kanabec, Mille Lacs, Morrison, and Pine counties.

SNAP helps low-income people buy the food they need for good health. You may be able to get SNAP benefits if you are:

- Working for low wages or working part-time;
- Unemployed;
- Receiving welfare or other public assistance payments;
- Elderly or disabled and are low-income; or
- Homeless.

### BENEFITS

The amount of benefits you get is based on your income, expenses, and the number of people in your household. If approved for the program, you will get an Electronic Benefit Transfer (EBT) card. It is like a debit card. Each month, your benefits will be credited to your EBT account. The program provides support to help stretch your household food budget. It is not intended to meet all of your household's food needs. It is a supplement. If you are approved for SNAP, you can use your benefits at many stores, farmers markets and senior dining sites.

### ELIGIBILITY

SNAP eligibility depends on your household's income. Most types of income are counted. There are many deductions from income that are allowed under SNAP. The Aanjibimaadizing office can assist with a courtesy application, but final eligibility will be determined by the county of residence.

#### **EXPEDITED SNAP**

You may receive food benefits quickly if your household meets one of the following criteria, even if you had SNAP in another state during the month of application:

- Households with monthly gross income less than \$150 and liquid assets less than \$100
- Migrant or seasonal farmworker households that have low income and \$100 or less in liquid assets
- Households in which the combined monthly gross income and liquid assets are less than their monthly housing costs and the applicable standard utility deduction, if applicable.

If enrolled in the Supplemental Nutrition Assistance Program, you also qualify for a telephone discount through the Lifeline and/or the Telephone Assistance Plan. Contact your local telephone company to apply.

### HOW TO APPLY

You can come into our agency and apply the same day. Applications can also be mailed, downloaded online, or you can use the ApplyMN website. You can bring back, mail in, drop off, or fax the application back to us. If you use ApplyMN, the application will be submitted electronically.

The date we get the first page of the application or an ApplyMN application, sets the date benefits can begin. You must have an interview and may be able to do that by phone. If certain requirements are met, you may get SNAP within 5 business days.

### FOR MORE INFORMATION

Learn more by visiting the Services page of the Aanjibimaadizing website at <u>aanji.org/snap</u>, or by going to the <u>Supplemental</u> <u>Nutrition Assistance Program (SNAP)</u> on the Minnesota Department of Human Services web site, reading the <u>SNAP FAQs</u> or <u>How to</u> <u>Use your Minnesota EBT Card (PDF)</u>. You can also call the Minnesota Food HelpLine at 1-888-711-1151. To apply for benefits or for more information about SNAP, contact Aanjibimaadizing.

### ABOUT AANJIBIMAADIZING

Aanjibimaadizing helps to empower participants with an acquired purpose or occupation that will contribute to the well-being of their community and family. Through this, we are able to offer services to a large percentage of our community and work closely with other organizations to help all ages embrace their culture and overcome barriers to sustainability.

### ELIGIBILITY

- Eligible households must reside within one of our federally approved service areas, which include the counties of Aitkin, Anoka, Benton, Crow Wing, Hennepin, Mille Lacs, Morrison, Pine and Ramsey.
- An eligible household must include at least one adult who is an enrolled member of the Mille Lacs Band of Ojibwe; or if residing within the Reservation Service Area, a first generation descendent of the Mille Lacs Band of Ojibwe; or an enrolled member of a federally recognized tribe; or if residing within the Urban Service Area, an enrolled member of the Minnesota Chippewa Tribe.
- Financial eligibility is based on the household income with specific types of income excluded.
- Veterans and their families, including survivor families, are given preference within any of these eligibility groups.
- Some programs have their own special eligibility standards. There may be additional eligibility standards for various services.

### HOW TO APPLY

Aanjibimaadizing has offices in the Urban area, District I, District II, and District III. Clients can also call, email, or find an application online at <a href="https://aanji.org/">https://aanji.org/</a>.

You can also apply for TANF, SNAP and cash programs at <a href="https://mnbenefits.mn.gov/">https://mnbenefits.mn.gov/</a>

	o for public assistance benefits	© ← Go Back What type of assistance would you
Apply any time in less than 20 minutes • Food assistance (SNAP) • Cash programs • Emergency cash assistance • Housing support • Child care assistance	Get started today at mbenefits.mn.gov For more information, contact Aanjibimaadizing 320-532-7407	<ul> <li>Hike to apply for?</li> <li>Check all that apply.</li> <li>Prod (SNAP)</li> <li>Morey to buy food for you and your family</li> <li></li></ul>

### SOME OF THE SERVICES AANJIBIMAADIZING OFFERS

#### **OJIBWE CULTURE & LANGUAGE**

It is the purpose of Aanjibimaadizing to prepare the members of the MLBO community to contribute to the Mille Lacs Band. While a primary part of this contribution is in the form of employment that helps enrolled members thrive financially, it is of equal importance that MLBO membership reflects the unique history and culture of its people to support their quality of life holistically.

#### ADULT BASIC EDUCATION (ABE)

Aanjibimaadizing has entered into an agreement with Milaca Community Education to provide oversight for staff to become volunteer Adult Basic Education (ABE) tutors. Adult Basic Education will assist clients in increasing their reading and math skills.

#### CAREER TRAINING AND DEVELOPMENT

Aanjibimaadizing regularly provides basic work and family related trainings and tutoring. These include such issues as, GED Preparation, Driver's License Exams, Budgeting, Parenting, Food Handling, Communications, Conflict Management, and CPR/First Aid.

#### ADULT WORK EXPERIENCE (WEX) PROGRAM

The Work Experience (WEX) Program is a 720-hour on-the-job work experience training program structured to promote self-sufficiency through the development of appropriate work habits and job skills.

#### FACILITATED SERVICES

Aanjibimaadizing offers facilitated services to help connect clients to other support services within the community. Case Managers may refer clients to Facilitators to assist them in meeting their goals to obtain and retain employment. Often these services support client needs that are social, health, and mental health related. Facilitated services offers a more targeted support for employment, training and self-sufficiency.

#### TEMPORARY ASSISTANCE TO NEEDY FAMILIES (TANF)

Tribal TANF Cash Assistance makes monthly cash payments to families with minor children based on family size and composition. These benefits require participating adults to agree and to follow a case plan designed to move them away from assistance and to self-reliance. Cash Assistance has a 60-month lifetime limit.

#### ADULT SUPPORT SERVICES

Adult Support Service payments are single payments to vendors to assist participants in overcoming specific, immediate and essential family stabilization or employment related barriers. The expenses must be directly related to education or employment.

#### ADULT PARTIAL SUBSIDY PROGRAM

Participants who demonstrate that they are work ready and who are hired into career oriented, long-term, stable employment may arrange to have the first 720 hours of their new employment subsidized. These subsidies are paid to the employer, not the employee. A special contract with the employer is required that specifies the terms of agreement for the employer and Aanjibimaadizing.

#### COMMUNITY SERVICES TO ELDERS

Aanjibimaadizing has Community Service Crews in all reservation districts that provide lawn mowing, yard maintenance, limited outdoor home maintenance and walkway snow removal for all Elders living in one of the Reservation Districts. These crews support work readiness skills for clients.

#### CHILD CARE SERVICES

Childcare assistance is available for families who are employed or enrolled in educational programs who meet income requirements.

#### YOUTH SUPPORT SERVICES

Eligible youth ages kindergarten through twenty (20) who live in households that are below 200% of the Federal Poverty Guideline and who are enrolled in school may receive supportive services for items that help them further their education or employability.

#### GE-NIIGAANIZIJIG - YOUTH & TEEN ACTIVITIES

Ge-Niigaanizijig works to develop skills in the 4 pillars of youth programming Ojibwe Culture, Community, Career, and Education. Regularly scheduled activities inspire and motivate our youth to embrace a traditions-based lifestyle free of chemicals, anti-social behavior, and dependency. Youth Mentors provide programming in all Districts except Urban. These activities are offered to all eligible reservation service area youth ages kindergarten through twenty (20).

#### YOUTH CAREER AND WORK EXPLORATION PROGRAM

Eligible youth, ages sixteen (16) through twenty (20) and whose family's income is below 200% of the Federal Poverty Guideline, may participate in the Youth Career and Work Exploration Program. Youth are given an incentive for actual hours worked. To be eligible you must be in school, making satisfactory attendance and grades. The type of work and the number of hours worked per week depend on the needs of the worksite supervisor.

#### ZAKAB BIINJINA TEMPORARY HOUSING

The Mille Lacs Band of Ojibwe Aanjibimaadizing Zakab Biinjina ("Zakab") Program was designed to provide services to assist clients in becoming self-sufficient, obtain a job, retain a job, and/or get education with the goal of reaching sustainable self-sufficiency. This is supportive -but temporary- housing meant to bridge the gap from homelessness to permanent housing by offering structure, supervision, support, life skills, education, and training.

#### Native languages and cultures are at a critical point in their existence... We know our language is a core part of who we are.

The Mille Lacs Band of Ojibwe has partnered with Rosetta Stone to create a language learning platform for our Ojibwe Language to empower our community, to maintain our identity, and to help us be successful. Level 1 became available to the public on March 1, 2022.

Free (no charge) Access granted for 2 years

- Mille Lacs Band of Ojibwe Members and Descendants, Mille Lacs Band of Ojibwe Schools Discounted Rate (\$25 per license, per level) Access granted for 2 years
- Mille Lacs Band of Ojibwe and Mille Lacs Corporate Ventures Employees
- Other Federally Recognized Tribes and their Members, Other Tribal Schools Other (\$100 per person, per license, per level) Access granted for 2 years
- · General Public, Public Schools, Colleges, Organizations and Institutions not listed above

To register, scan the QR code with your phone's camera or go to:

#### https://mlbo-laserfiche.millelacsband.com/Forms/Rosetta

A welcome email from Rosetta Stone will arrive in 1 to 2 business days with information to set up your account.

Please note: This registration link needs to be accessed from a device that is NOT

connected to the internet on an MLBO network. (After registration is finalized, the Rosetta Stone Fluency Builder App can be accessed within the network via computer or smartphone.)



If you have questions, or would like to learn more about this project, visit <u>https://www.culture.aanji.org/ojibwe-rosetta-stone/</u> or call Aanjibimaadizing at 320-532-7407.